

Finding and Keeping Love

8-Week Relationship Group for Singles

WHAT: Learn tips and tools that lead to more success in love in a short-term group for singles of all ages. Using concepts from Imago Relationship Therapy, participants explore the complex nature of romantic attraction, discover the hidden factors that influence the partners they choose, and practice communication skills that can defuse conflict and promote connection in any relationship.

The group is structured like a workshop and includes informative presentations, written exercises, and weekly goal-setting.

Limited to 6 people. A free interview and nonrefundable deposit are required to reserve a place.

WHEN: For **8 weeks** starting **mid-March**. Day and time still to be decided.

WHERE: 3000 Connecticut Ave. NW, Suite 210, Washington, DC (near Woodley Park–Zoo Metro)

COST: \$95 per week (may be partially reimbursed by health insurance)

CALL: To learn more or to schedule the required intake interview:

Alicia J. George, MSW
Certified Group Psychotherapist
Certified Imago Relationship Therapist
(202) 328-9055
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Group Goals

Key Learning Objectives

- Understand the unconscious agenda that guides your search for love.
- Explore the lessons to be learned from reviewing your past relationships.
- Discover the value of reclaiming the lost, denied, and disowned aspects of your Self.
- Create a detailed vision of your ideal relationship to serve as your road map.
- Learn to set achievable goals that can lead you to your heart's desire.

Participant Comments

Feedback from Previous Group Members

"I feel like I developed a lot of tools in this course that I can practice in real life, and I needed that."

"The well-planned sessions [and] handouts were great."

"It was good to have a group to work through all the exercises. I learned as much from my own work as I did through others'."

"The best thing was an introduction to a new way of seeing/working with [relationship] problems—Imago."

"The instruction was great, and having a chance to share with other group participants was very informative and affirming."

"I think that anyone dealing with these issues would benefit greatly from the experience."