

# From the President

Dear MAIT Colleagues,

This past year has given us new opportunities to expand our skills and deepen our connections as a community. This annual report will share all the highlights of 2018-2019, including the successful Baltimore Imago Conference and our three day-long trainings where we welcomed many clinicians who were new to MAIT. We also gathered for fun and fellowship at David and Donna Bowman's home for two annual Crab and Chicken Feast's in September 2018 and August 2019 and at Cam Crockett's home in February for a winter celebration.

As I come to the end of my time as president of MAIT, I am grateful for the privilege of collaborating with our vibrant Board. Our Board continues to grow in talent and energy! We are delighted to present our new Board nominees: Cliff Ayers and Cindy Stauffer as Co-presidents, Alicia Muñoz and Kerley Perminio Most as Members-at-Large, and myself as Representative to Imago Relationships Worldwide and Imago Relationships North America. As we welcome Josie Schiavone as our new Executive Administrator, we are grateful to Sharon Nalley for her faithful service and many contributions to MAIT for almost 15 years. Thank you Sharon!

MAIT is turning 25 years old in 2020! We have so much to appreciate and celebrate as a community, and I look forward to many opportunities to do so together over the coming year. It is an honor to belong to a community committed to the challenging work of hope, transformation, and healing, at a time when our country and world suffer from so much division and fear. Let's continue to support each other in changing the world, one relationship at a time!

With gratitude,

Caroline Bernhardt-Lanier MAIT President

# Our Mission

- We are an open, welcoming and warm community whose core values of hospitality, inclusivity, diversity, and dialogical relationships inform everything we do when we gather to learn, govern and work together.
- We are rooted in Imago Relationship Therapy and committed to being part of its evolution, integration and synthesis.
- We provide outstanding professional continuing education on a wide range of relationship issues.
- We are inclusive and invite clinicians using other relational models to join the Association and actively participate in the creation of best practices and the charting of new and integrated frontiers in couples work.
- We have fun! We sponsor social gatherings to help connect our personal, professional and familial lives.
- We have learned that playing and celebrating together expands our own clinical and relationship-building skills.

# Our Vision

MAIT aspires to be a primary association of relationship therapists and educators in the Mid- Atlantic region. We seek to expand and deepen our skills at helping relationships develop conscious, vital, and joyful connections in which each individual can thrive. We are committed to helping the public access the services of our skilled and caring members.

## 2018-2019 Membership Profile

### 115 Members

100 Full Members (up 7)  
6 Members in Training (up 3)  
8 Associates (up 3)  
1 Educator (down 1)

## 2018-2019 Board Profile

12 Board Members  
4 Board Meetings

80 Unique Board Members since inception!

Fast Facts



## 2018-2019 Annual Report

### MEMBERSHIP UPDATE

*Transformation  
Through  
Connection*



# 2018-2019 Highlights

## SEPTEMBER

### MAIT Reconnection Day

*Expanding Our Connection*

**Converted to the NEW website!**

**Annual Chicken and Crab Feast**

*@ David & Donna Bowman's*

*home( crab eating lessons were included!)*



## OCTOBER

### Imago Conference Baltimore

*not an official MAIT event, however,*

*a number of MAIT members helped*

*plan, organize, volunteered, led*

*sessions, and attended this*

*Worldwide conference*

## NOVEMBER

### Imago Conference recap & Happy Hour

*@ Caroline Bernhardt-Lanier's home.*

**First EVER MAIT Webinar!**

**Revisioning Your Unlimited Potential**

*w/ Harville Hendrix and Helen LaKelly Hunt*



## JANUARY

### Book Group Meeting –

**No More Fighting**

*by MAIT member, Alicia Muñoz*

*@ Mary Ray's home.*

**Around the Beltway**

**Applying Systemic Constellations to**

**Couples to Deepen Intimacy and**

**Connection, w/ Harrison Snow**

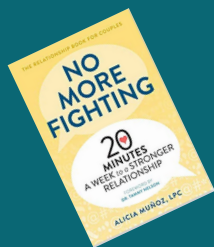
## FEBRUARY

### Erotic Recovery after Infidelity

*Full day training led by Dr. Tammy Nelson.*

**Winter Social (with warm hospitality)**

*@ Cam Crockett's home*



## MARCH

### Book Group Meeting – Secrets,

**Lies, Betrayals** by Maggie Scarf

*@ Susan Roistacher's home*

**"Tapping" - Using Emotional Freedom**

**Freedom Techniques to Resolve Triggers**

*w/ Donna Fortney*

## APRIL

### ATB – In-Sync Therapist

*w/ MAIT member Nancy Hyatt*

**Internal Family Systems & Couples**

**Intimacy from the Inside Out**

*w/ Toni Herbine Blank*

**Full Day Training (SOLD OUT)**

## MAY

### Book Group Meeting

**Becoming** by Michelle Obama

*@ Alicia Muñoz's home*



## JUNE

### Using Somatic Interventions

**in Couples Therapy**

**Full Day Training w/ Ricki Bernstein**



## JULY

### Book Group Retreat

*@ Suzanna Hillegass' home*



## AUGUST

### Transition of the Executive Administrator

*from Sharon Nalley, who served MAIT in this*

*capacity for almost 15 years,*

*to Josie Schiavone*

**Annual Chicken & Crab Feast**

*(and what a feast it was!)*

*@ David & Donna Bowman's home*



**Fast  
Facts**

**25 Events!**

**1 Webinar**

**3 Full Day Trainings**

**4 Book Club's/2 Around the Beltway's**

**144 Unique Event Attendees!**

# Board of Directors

## PRESIDENT

Caroline Bernhardt-Lanier

## VICE PRESIDENT/

## CO-PRESIDENT ELECT

Cindy Stauffer

## SECRETARY

Ellen Heyman

## TREASURER

Susan Roistacher

## EDUCATION CHAIR

Hayley Hoffman

## MEMBERSHIP CHAIR

Cam Crockett

## MARKETING CHAIR

OPEN

## MEMBERS @ LARGE

Dianne Modell

Kate Kelley

Alicia Muñoz

Kerley Permino Most

## Candidates

## CO-PRESIDENT

Cliff Ayers

## MEMBERS AT LARGE

Kerley Permino Most & Alicia Muñoz

## REPRESENTATIVE TO IRW & IRNA

Caroline Bernhardt-Lanier

## A MESSAGE FROM YOUR BOARD

The success of the MAIT organization relies heavily on the commitment of its members to engage with each other, to take part in events and to serve on the Board. The MAIT Board of Directors is comprised of 12 full MAIT members in various roles. Participating on the board is a voluntary, collaborative and fulfilling 1-2 year tenure. We as a board are committed to having our membership fully represented at our quarterly meetings. Please look for ways to fully engage in all the organization has to offer and consider joining your peers on some of the MAIT Committees.

You will be glad you did!

## Staff

## EXECUTIVE ADMINISTRATOR

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